



მჩრეველი
საბავშვო ბავშვის
— დიეტის სპეციალისტი —

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24-hour Urine, without additives:

- Urine is collected over a 24-hour period, for example:
 - ➔ Day 1 = Start, 8:00
 - ➔ Day 2 = Start, 8:00
- Collect urine in a clean container (a special container with volume markings, protected from light, is recommended);
- Discard the first morning urine on the first day (empty the bladder completely) and note the time (e.g., 8:00);
- Collect all urine portions in the 24-hour urine container, including the first morning urine of the second day (e.g., 8:00);
- Store urine in a cool place or refrigerator (2-8°C) during collection;
- Record the total volume of urine collected over 24 hours (accuracy is important!);
- Mix the collected urine well and remove it with a special tube (e.g. Urine Monovet, 10 ml). Fill the tube completely to the mark (10 ml), close the cap tightly and break off the plunger
- Store the sample tube in a refrigerator (2–8°C) until delivery to the laboratory.